**Whizkid 100, 2022-23**

**Seminars & Expert Workshops with Students**

1. **Specialised sessions on Environment education – Eco explorer**

A series of 4 sessions was organised via online medium to sensitize the young children about environment. Along with the live sessions, students were involved in doing home work and activities related to it at home. Every weekend was filled with different topic, tool and lens to explore the world around us.

* First session started with connection with nature through our senses - listening, seeing, observing, documenting. Children shared their experiences through online call & notes.
* Second session was about the nature journaling. Nikita Gandhi facilitated 'how to use journaling as tool to see , observe & connect with nature'
* Third session was on basics of bird watching. Anup bhai shared some interesting stories about the birds commonly found in Gujarat.
* Fourth session was facilitated by Saumya. It was about low waste life style. Where children tried to find alternatives for their waste footprint .
* Walk, Journal, Bird Watching, Waste - New perspective.. new lenses.. new journey for children to explore and learn. We are also planning to do offline residential camps to take this learning journey further.

1. **Career Guidance Workshop: Date: 18.09.2022**

It is utmost important that children get exposure to types of careers available in current times as early as possible. Sai’s Angel Foundation has planned series of sessions on understanding the career path through expert – Dhara Vaidya Shastri, a Career counsellor.

First session was organised on 18.09.2022 where basics of what is after 10th or 12th was explained to the students. Similarly, which careers are suitable according to interest and personality traits of the students was thoroughly explained. Session ended with interactive questions and answer sessions.

1. Session on Bhagwat Geeta: Date: 03.12.2022

Celebration of Geeta Jayanti.. Journey from I to we n then again me : Bhagwat Geeta session with practical examples by Mr Ashish Bhangaokar for students of Sai's Angel Foundation was organised on 3rd Dec, 2022.

* Karma ,Gyan , Shraddha & Bhakti pillars of happiness . He took students in deep of each of this according to the understanding of students.
* Students were mesmerized and got curious to learn more depth of Bhagwat Geeta
* Sai Angel Foundation is grateful to Ashish Bhangaokar for his contribution in generating energy among students

1. Session on ‘ Who will listen to me’ : Removal of exam fear, Date: 12.02.2023

Mr Ashish Bhangaokar conducted a free flowing discussions sessions with students and made students understand ‘ how important it is for them to understand their own self by listening what they want from themselves’. Students participated actively in each of the meanings of the words he taught them. He emphasised on making them understand what is success/failure, what is understanding and what is to understand, what is success and achievement. Students gave very nice feedback of the session.

1. Online interactive sessions :

Many sessions were conducted by Ms. Rameshwari Gajjar on self awareness, sensitisation, decision making in challenging situations and developing empathy among the students. All sessions had many reflective questions for students to answer and participate. Audio visuals were added to the session to make students understand and learn effectively.